

Contents of Light in the Dark

What's Synago?

- 6 From the Author
- 7 Biblical Foundations: The Word on Small Groups

Getting Started

- 10 To the Ones in Charge
- 11 What's *Synago* All About?
- 12 Great Reasons for Student-Led Small Groups
- 13 How to Do Student-Led Small Groups
- 14 Typical Format
- 15 How to Use This Resource
- 16 Who's Who: Student Leader Roles and Responsibilities
- 17 Who's Who: Adult Roles and Responsibilities
- 19 Q & A

Help for Student Leaders

- 22 A Word of Encouragement
- 23 Getting Ready to Lead
- 24 Weekly Checklist (pre-session prep, weekly sheet)
- 25 Bible Study Tools You Can Use
- 26 Discussion Tips
- 28 Ways to Close in Prayer
- 29 It's Important! The Purpose Statement

Small Group Sessions

- 32 Purpose Statement
- 33 What's New?
starting something new, becoming "new" in Christ
- 36 Child of Mine
from childhood to adulthood, being a "child of God"
- 39 Stress-Less
dealing with stress, trusting God with your needs
- 42 Love Story
role of the Bible in the Christian faith
- 45 The Outsiders
feeling left out, reaching out to others
- 48 Prayer 101
what prayer is and how to do it
- 51 Getting Directions
finding guidance for making decisions
- 54 What Are Friends For?
qualities of a good friend
- 57 Thirst Quencher
feeling spiritually dry or empty
- 60 Serve It Up
following Jesus Christ by serving others
- 63 When Life Hurts
hurting and suffering, experiencing God's comfort
- 66 Zip the Lip
gossip, swearing, and obscenity
- 69 Loving God
relating to God, what it means to love God
- 72 Loving Myself
loving and caring for yourself
- 75 Loving Others
relating to others, responding to others' needs
- 78 Light in the Dark
feeling hopeless, finding hope and peace in Jesus Christ

Contents of Calm in the Storm

What's Synago?

- 6 From the Author
- 7 Biblical Foundations: The Word on Small Groups

Getting Started

- 10 To the Ones in Charge
- 11 What's *Synago* All About?
- 12 Great Reasons for Student-Led Small Groups
- 13 How to Do Student-Led Small Groups
- 14 Typical Format
- 15 How to Use This Resource
- 16 Who's Who: Student Leader Roles and Responsibilities
- 17 Who's Who: Adult Roles and Responsibilities
- 19 Q & A

Help for Student Leaders

- 22 A Word of Encouragement
- 23 Getting Ready to Lead
- 24 Weekly Checklist (pre-session prep, weekly sheet)
- 25 Bible Study Tools You Can Use
- 26 Discussion Tips
- 28 Ways to Close in Prayer
- 29 It's Important! The Purpose Statement

Small Group Sessions

- 32 Purpose Statement
- 33 Setting Priorities
time management, seeking God's guidance in prioritizing
- 36 Back to Nature
caring for the earth, appreciating God's creation
- 39 Forgiveness
what it means to be forgiven, forgiving others
- 42 When Boy Meets Girl
appreciating our gender differences, created in God's image
- 45 How Do You Score in Love?
what makes for a true loving relationship
- 48 Getting Physical
sexual intimacy, honoring God with your body
- 51 Prayer Power
the power and effects of prayer
- 54 Time Out!
the concept of Sabbath
- 57 Sweet Temptations: Materialism
fighting the desire for possessions
- 60 Sweet Temptations: Revenge
fighting the desire to get even
- 63 Sweet Temptations: Deceit
fighting the desire to be dishonest
- 66 Who Do You Say I Am?
considering what you believe about Jesus Christ
- 69 The Parent Trap
relating to parents
- 72 I Doubt It!
having doubts about your beliefs
- 75 Calm in the Storm
finding peace during troubled times
- 78 Closing Time (a final group meeting)
living in Christian community